

## SAPPHO'S FOUND STORY SALON Laura Simms Storytelling Laboratory

## First Monthly session ~ Thursday January 18, 7 – 9 pm EST

For all those interested in the unique reciprocal nature, structure, performance, |relevance and benefits of storytelling. Delving into a story is an act of passionate commitment to benefit our lives, the earth and cause a storm of awakened imagination and compassion. Let's find out why and how to tell a story that is needed today.

> "Come now my heavenly tortoise shell: become a speaking instrument" Sappho

I am thrilled to introduce a monthly laboratory to deepen storytelling and storytelling skills. Each session focuses on a unique and dynamic aspect of engaged storytelling: preparing, dreaming into, braiding, structuring and how to research a story. It is relevant for those working with traditional retellings or personal story, or combining both. The sessions inspire finding the story you are actually wanting to tell, and bringing that story to life for performance. It offers a unique process of recognizing what constitutes a story and provides a means of uncovering multiple layers of meaning and invisible threads that hold an audience from a depth of heart and perception that is beneficial to our lives, relationships and connection to nature.

Each session begins with a small in size, and large in essence, story. We engage in discussion, practical activities and new understandings of the importance of storytelling as event and transmission. Everyone brings a story they are working on for break out room conversations. Suggested readings follow each gathering.

## JANUARY 19 beginnings - THE GROUND of storytelling; storytelling forensics and the storyteller's presence

"A story is not a house. It is an occurrence." Robert Bringhurst

This is a month by month event. Each individual session has a sliding scale fee of \$35 - \$60. Please pay what you can afford so we can gather with ease. Sessions are on a zoom platform. If you have paid and cannot attend, you may receive a view only recording on request.

FEBRUARY 15 images - THE MEDICINE that opens the portal to transformation
MARCH 21 landscape(s) - VISUALIZATION and interdependence
APRIL 18 path and engagement - HEART mapping the heart of a story
(May 16, June 13, September 19, October 19, November 14, December 19)

Every story created or retold is original to the storyteller, the history of the narrative, and is of benefit to contemporary audiences and the time we are living in. Each session includes a story as prompt for our investigation. There will be commentary, activities, conversations and break out rooms. I hope you will join.

> "these things now for my companions I shall sing beautifully" SAPPHO

I have named the sessions after Sappho, a woman poet from 6 century BC Greece. She was considered by Plato to be "the tenth muse." Her works were banned toward the end of her life, but continued to be treasured, copied, and hidden. They continue to be found in ancient libraries and trash heaps. Her verses in fragments endure because of the power of her words, her devotion to a path of love, and inherent layers of resonance evoked. Sappho was said to have spoken her poems accompanied by a turtle shell harp. She was an initiate of the Great Mysteries.

## TO REGISTER:

NAME \_\_\_\_\_\_
Address \_\_\_\_\_\_
Email \_\_\_\_\_\_
WHY I WANT TO JOIN THE NEW SALON
\_\_\_\_\_\_\_(please send separate
page if you need more space)

Best Phone Contact (if out of country please give whatsapp contact)\_\_\_\_\_

PAYMENT can be made via paypal (best to be a 'friend' so there is no fee - or Venmo (@Laura-Simms). or Zelle (<u>storymentor2010@gmail.com</u>). If you are sending a check make out to Laura Simms (814 Broadway #3, NYC 10003).

All payments are to be in US \$. There is no refund.

\_\_\_\_\_Single Classes. Sliding scale. \$35 - \$60

If you have questions, please write to me at storymentor2010@gmail.com